

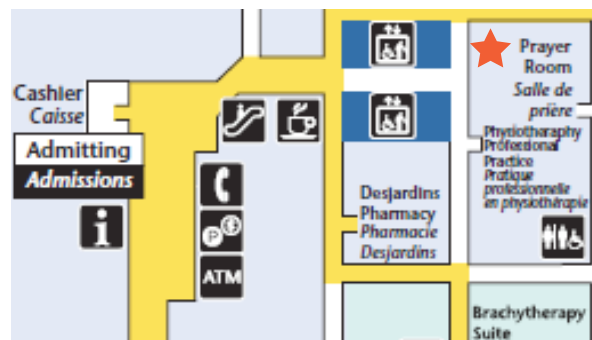


Prayer Room Location

The Prayer Room at both the Civic and General campuses is open 24/7.

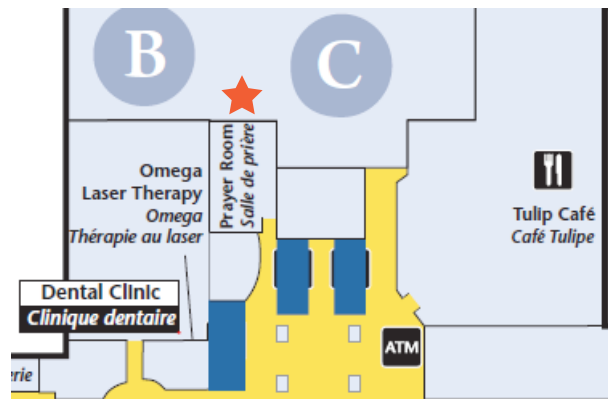
General Campus:

The Prayer Room is located on the main floor, room M1319.



Civic Campus:

The Prayer Room is located on the main floor near the B elevators.



Prayer Room Services

Catholic Mass

Monday to Friday at noon (General and Civic campuses)

Saturday 4 p.m. (General Campus)

Sunday 3:30 p.m. (Civic Campus)

Anglican services

Fridays 10 a.m. (General Campus)

Sundays 10:30 a.m. (Civic Campus)

Muslim prayers

Fridays 1 p.m. (General and Civic campuses)

Mindfulness meditation

Upon request.

Spiritual Care Services

Spiritual, religious and emotional support for patients and families





How we can help

If you find yourself asking these questions, consider contacting Spiritual Care Services:

- Do I want my spirituality or religious beliefs to be included in my health care?
- Would I like to receive a specific ritual, religious rite or sacred text?
- Do I feel lonely, sad or stressed and want to talk with someone?
- Am I afraid of dying or leaving my loved ones?
- Am I wrestling with a medical or ethical decision related to my values and beliefs?
- Am I looking for someone to listen to me in a safe and non-judgmental environment?
- Do I need help finding ways to cope with my situation?

What we do

Our vision is to provide each patient with the world-class care, exceptional service and compassion we would want for our loved ones.

We help patients and families who are faced with:

- An illness or a new diagnosis
- Grief, loss, bereavement
- End-of-life
- Spiritual and emotional distress
- A crisis
- A lack of family support
- The need for counselling and psychotherapy
- The desire for prayers and rituals

Talk to us to see how we can help.

To request our services

Talk to your doctor, nurse or other health-care professional or call 613-761-4587 (Civic Campus) or 613-737-8126 (General Campus).

**Inspired by research.
Driven by compassion.**

Who we are

Our compassionate team includes:

Certified Spiritual Care Practitioners and registered psychotherapists, (staff) who provide spiritual and emotional support to patients and families.

Catholic priests, (staff) who offer sacramental ministry which includes: Holy Communion, anointing of the sick (last rites), end-of-life support and pastoral counselling.

Community clergy and faith representatives from many faith traditions, who may be requested through Spiritual Care Services.

Spiritual care volunteers from a patient's own faith community who provide support to patients.

We are members of the health-care team, and we are here to help.

