



# Information Session

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## Women's Bladder Health

- Objectives:**
- To provide general information about urinary incontinence and pelvic organ prolapse
  - To emphasize the importance of healthy lifestyle practices
  - To discuss conservative management approaches and possible medical and surgical interventions for urinary incontinence and pelvic floor prolapse

**Location:** The Ottawa Hospital, Riverside Campus  
1967 Riverside Drive  
Amphitheatre (Lower Level)

**Time:** 7:00 – 9:00 p.m.

**Dates:** Wednesday, November, 21, 2018  
Wednesday, April 17, 2019  
Wednesday, November 13, 2019

**Speakers:** Registered Nurses and Nurse Continence Advisors  
Urogynecology Clinic  
Shirley E. Greenberg Women's  
Health Centre

**FREE ADMISSION**



To register or for more information contact:  
**613-738-8400 ext. 81726**

