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Guidé par la compassion.



Interviews: 2019+-2020

For the 2020-2021 TOH Internship

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Predoctoral Internship Training Program in Clinical Psychology



Individualized Training Plans

Our program is designed to be individualized to the training goals and needs of each of the interns. Meaning each interns' training plans can look different from each others and from those from previous years. Interns indicate their preferences and based on training needs, availability, and the requests of the other interns we work with you to create your training plan. The brochure is organized by service area. Services provide the starting point to create the experience, but in practice, interns can combine aspects of different services and programs, and can participate in exposure experiences in areas of interest. Although there is a shuttle service between campuses, experiences are set up such that intercampus travel during a workday is rare.

There is a lot of information in this brochure. To start out you might want to look at the rotations and then go back to the overall competencies, philosophy, and departmental sections to see how it all comes together within the structure.

Vision of Program

To offer a nationally recognized, innovative, broad-based competency training program in Psychology, designed to meet the health care needs of today and tomorrow.

Goals of Program

To provide high quality training in a respectful and collegial atmosphere that fosters interns' professional identity as a psychologist.

Customization of Program

We ensure that training at TOH is broad based, meets accreditation standards, and is in keeping with what is needed for registration with the various Colleges of Psychologists within Canada. Our program also is designed to be tailored to interns' training needs and goals.

<i>The objective of the program is to provide interns with a responsive and flexible training environment that fosters acquisition of competencies in Health Care Psychology</i>	We strive to develop clinical practice competencies and self-reflection, and to follow ethical principles and best practice guidelines.	
	SCIENCE	Research informed practice
	DIVERSITY AND INCLUSIVITY	Inclusionary and culturally safe practices
	PROFESSIONALISM	Integrity, accountability, leadership, advocacy, and concern for the welfare of others
	RELATIONAL	Relate effectively with all individuals within the professional sphere
	APPLICATIONS	Provision of psychological service delivery
	SUPERVISION	Effective practices in supervision

Philosophy of Program

The program philosophy is based on the following core principles:

Broad-based Competency Training Model	The program adheres to a broad-based competency training model, with the view that this approach best prepares interns for autonomous practice as professional psychologists. We support the development of training plans that both complement previous experience and interns' training needs while also meeting their professional and clinical interests and aspirations.
Diversity and Inclusivity	Interns receive training in inclusionary and culturally safe practices and are expected to provide direct clinical services across varied populations, including, but not limited to people with disabilities, as well as diverse sexual orientations and cultural, ethnic, and religious backgrounds.
Scientist-Practitioner Model	TOH Psychology training faculty are committed to the scientist-practitioner model. We believe that research-informed practice promotes clinical excellence and that clinical practice informs and promotes scientific developments.
Diverse Opportunities	The TOH internship program is able to offer a comprehensive and flexible training experience. Rotations provide diverse experience in assessment, diagnosis, intervention, consultation, research, teaching, supervision, and program development / evaluation.
Interprofessional Care	TOH promotes the Interprofessional Model of Patient Care to facilitate collaborative interactions between interprofessional healthcare teams.
Work-Life Balance	The training faculty (supervisors) and Director of Training work with interns to prioritize workload to support balance between work and personal life.

TOH Psychology Department

TOH Psychology staff includes 30 psychologists (23 full-time & 5 part-time), many of whom are bilingual or multilingual. The theoretical orientations and treatment modalities that we use to provide care include CBT, IPT, DBT, EFT, ACT, mindfulness, Psychodynamic, and Existential / Humanistic.

<https://www.ottawahospital.on.ca/en/our-model-of-care/our-health-care-professional-team/psychology/psychology-services/>

TOH Psychology employees are unionized within OPSEU (Ontario Public Service Employees Union). Two-thirds of the psychologists are located at the General Campus, including its affiliated community programs. The Ottawa Hospital Rehabilitation Centre (TOHRC) is located in a separate building that is connected by a walkway to the main General Campus building. There are also psychologists located at the TOH Civic Campus, and two at the University of Ottawa Heart Institute (located in a separate building connected to the Civic Campus). A free shuttle bus is available for intercampus travel (typically every 30 min.).

Two community-based psychology services are also considered part of TOH.

- The Robin Easey Centre, located in the west end of Ottawa, and accessible by public transportation, provides community integration services for patients with acquired brain injury (ABI). This Centre is part of TOHRC ABI service.
- The On Track / First Episode Psychosis service, located on Bank Street near the TOH General Campus, and accessible by public transportation, is part of the Mental Health Program.

CPA Accreditation

The Clinical Internship Program at TOH has been accredited by the Canadian Psychological Association (CPA) since 1992. An accreditation site visit from the CPA occurred in the summer of 2013. CPA reaccreditation was granted for 7 years, from 2012/13 to 2019/2020. We previously had a separately accredited Neuropsychology Program, which has been accredited since 1994. We made the decision to integrate our Accredited Clinical Psychology and Clinical Neuropsychology Training programs in 2016. The next accreditation site visit is due in the 2019-2020 academic year.

Structure of the Training Program

Internship Streams

The Clinical Stream includes 3 track options:

- 1) Mental Health – Rehabilitation Psychology
- 2) Health Psychology – Rehabilitation Psychology
- 3) Mental Health – Health Psychology

The Neuropsychology Stream includes a single track option:

- 1) Acute Care - Rehabilitation

A variety of clinical opportunities are available within each of the rotations. Other optional training choices are available (e.g., extra group experiences, exposure experiences to different services). Depending on their selections, interns spend approximately 3-4 days per week at their rotation experiences and 1-2 days per week doing additional activities.

What interns select varies; however, the overall time allocations are in keeping with registration and accreditation standards, and are provided in the framework below

Note a work day is 7 hours of work and 8 hours of attendance and the total hours are 35 work hours and 40 attendance hours for the week

CLINICAL SERVICE		SUPPORT ACTIVITIES	RESEARCH
50% (WITH A MAXIMUM OF 60%) OR 17.5-21 HOURS		40% OR APPROX 14 HOURS	10% OR 3.5 HOURS
25% OR APPROX 8.75 HOURS DIRECT FACE TO FACE PATIENT CONTACT	25% INDIRECT PATIENT CARE APPROX 8.75 HOURS CHARTING Report Writing READING (1-2 HOURS WEEKLY) Team Meetings	SUPERVISION (4 HOURS) Seminars PROFESSIONAL PRACTICE MEETINGS Committees & Committee Work	

In the clinical stream, interns complete 6-month rotations in 2 different areas (mental health, health, or rehabilitation). Interns in the neuropsychology stream complete 6 months in Acute Care and 6 months in Rehabilitation. The neuropsychology stream also includes a day a week in another area in psychology during one of the 6 month rotations (i.e. mental health, health, or rehabilitation). The training can be further customized, for example, by adding experiences in working with older adults or working as a neuropsychologist in mental health (On Track/First Episode Psychosis).

There are **4 positions available** for the training program in Clinical Psychology at TOH. Interns are accepted into four possible tracks, **each with their own APPIC numbers**.

APPIC Number	Training Track	Number of Positions Available
181713	Mental Health – Rehabilitation Psychology	1
181714	Health Psychology – Rehabilitation Psychology	1
181715	Mental Health – Health Psychology	1
181716	Neuropsychology	1

Applicants may apply to more than one track and need to **indicate the tracks to which they are applying in their cover letter**. We also encourage applicants to indicate their preferences for training experiences within their cover letters, as this allows us to make every effort to ensure that applicants who interview at our site are able to meet with potential supervisors during the interview. For more information, see the *Application Procedure Section* below.

Selecting Rotations

In May after interns have been matched with our program, they are sent a letter requesting preferences for rotations and additional experiences for the coming year. This information is used to collaboratively create each intern's individualized year-long training plan. Rotations are assigned based on a combination of the resident's preferences, training goals and needs, and other considerations including availability of supervisors.

Core Experiences – Clinical Stream

Interns receive the following core clinical training, irrespective of the experiences they select.

	TRAINING	ACTIVITIES
Psychodiagnostic	Practicing core diagnostic skills ensures that interns, regardless of their rotations, leave with requisite skills for a variety of health care settings and contexts.	Clinical interviewing, psychometric testing, differential diagnoses, case conceptualization and formulation, treatment planning, feedback, and report writing.
Intervention	Interns receive core training in individual and group therapy within their core rotation experiences.	Multiple treatment modalities are offered (e.g., CBT, DBT, EFT, ACT, mindfulness, attachment, existential, and interpersonal) for a variety of populations (e.g., mental health, health, rehabilitation).
Interprofessional Model of Care	<p>Interns will have the opportunity to participate in patient and family conferences, in order to gain experience in consulting with interprofessional team members.</p> <p>Population health and Staff health and wellness</p>	<p>Working with physicians, nurses, social workers, occupational therapists, physiotherapists, and support services from the community, etc.</p> <p>Interns can also select to gain experience, corporately with professions such as communications (e.g. social media and internal communication tools and population health), staff health and wellness/staff support (i.e. quality, physician leadership, and human resources)</p>

Explanation of Rotation Experience Format

Interns complete two six-month rotations, one for each of the areas for their track. The table below provides examples of what an intern's schedule for the year may look like in each track. Note that in addition to these main rotation experiences, interns will participate in other activities for breadth of training (see *Complementary Experiences* below).

Tracks	Example 1	Example 2
Health Psychology – Rehabilitation Psychology	Rotation 1: Heart Institute and PCSI/Staff Support (Health) Rotation 2: Neuromuscular Care Stream and Outpatient Program (Rehab)	Rotation 1: Acquired Brain Injury Unit and Outpatient Program (Rehab) Rotation 2: Psychosocial Oncology Program and PCSI (Health)
Mental Health – Rehabilitation Psychology	Rotation 1: Eating Disorders Program and Inpatient Mental Health (Mental Health) Rotation 2: Musculoskeletal and Rehab Outpatient Program(Rehab)	Rotation 1: Chronic Pain Management Program and Rehab Outpatient Program (Rehab) Rotation 2: First Episode Psychosis Early Intervention Program and Inpatient Mental Health Unit (Mental Health)
Mental Health – Health Psychology	Rotation 1: Inpatient Mental Health (Mental Health)/ACT group for Female Pelvic Pain (Pain Clinic) Rotation 2: Bariatric Surgery and PCSI (Health)	Rotation 1: Eating Disorders Program and Inpatient Mental Health (Mental Health) Rotation 2: Chronic Pain Unit and PCSI (Health)

List of Rotation Experiences – Clinical Tracks

The following tables outline the possible experiences that interns may choose from when building their internship year plan.

Mental Health Rotations

Interns complete training in one speciality area program. **To ensure breadth of training, interns will also spend time conducting assessments or providing treatment in the General Mental Health Inpatient Unit over the course of their rotation.** Specific cases are assigned based on training needs and the career goals of the interns.

Eating Disorders Program (General Campus)	This program treats individuals with eating disorders in a variety of modes of practice – inpatients, day hospital, and outpatients. Interns provide diagnostic consults individually and co-facilitate a variety of group therapies in the program (e.g., CBT, DBT,). Patients often present with co-morbid diagnoses (e.g., depression, anxiety, substance abuse, traumatic stress).
“On Track” Early Psychosis Intervention (EPI) Program (Bank Street)	EPI is a recovery-focused, community-based, family-centered program. Interns gain diverse experiences in assessment of complex and serious mental illness, often with co-morbid or developmental issues, and are involved in many aspects of patient care, including comprehensive psychodiagnostic assessment, and individual & group therapy.
General Mental Health (General Campus)	Interns provide patients with psychological assessments and short-term individual and group therapy treatment (Inpatient Distress Tolerance Group).

Health Psychology Rotations

Interns complete training in one speciality area program. To ensure breadth of training, part of the interns' rotation time is spent in the Psychological Consultation Services for Inpatients (PCSI). Specific cases are assigned based on training needs and career goals of the interns.

<p>Bone Marrow Transplant (BMT) General Campus</p>	<p>Interns in the BMT program in-patient services will provide assessment, intervention, as well as consultation to interprofessional care team for patients undergoing a bone marrow transplant. In some cases, outpatient follow up is indicated pre- and/or post- BMT. Common presentations include exacerbation of pre-existing psychological concerns, mood and anxiety disorders, coping with cancer-related symptoms such as fatigue, insomnia and pain, as well as issues that are more specific to the process of undergoing a BMT (e.g. isolation; being uprooted from home for several months; and fear of graft rejection). Interventions are generally short-term.</p>
<p>Heart Institute Prevention and Rehabilitation Centre (HIPRC) (Civic Campus)</p>	<p>Interns at HIPRC provide services, including assessment and intervention (individually and in groups), to patients attending the cardiac rehabilitation program. Patients have diverse cardiac conditions and common presenting psychological problems include mood disorders, anxiety disorders, traumatic stress, anger, as well as interpersonal and marital difficulties. Both inpatient and outpatient experiences are possible. Group psychotherapy options include a Managing Emotions Group. Note that some groups may be offered in the evening (i.e., up until 8pm). Interns selecting evening group experiences would adjust their schedule on another day to ensure that they are not working additional hours.</p>
<p>Hepatitis C Infectious Disease Program (HCV) (General Campus)</p>	<p>Interns provide treatment to assist patients facing multiple barriers to Hepatitis C treatment (e.g., mental illness, substance use / abuse, SES vulnerabilities), with the goal of improving treatment access, initiation, medication management, and success. Services include comprehensive pre-treatment assessments and interventions to prepare patients for their treatment.</p>
<p>Psychological Consultation Services for Inpatients (PCSI)</p>	<p>Interns in PCSI provide services to inpatients at TOH on medical, oncology, surgical, ICU, and obstetrical units within the hospital. Typically, patients are having difficulty managing their emotions and / or thoughts (stress, anxiety, mood, trauma, addictions, and sleep) during their inpatient stay. They may also require treatment to manage the</p>

(General and Civic Campus)	impact of acute or chronic illness (fears related to procedures, motivation, medication management, change in health status, new or increasing disability, or end of life).
Psychosocial Oncology Program (PSOP) (General Campus)	Interns in the PSOP program at TOH outpatient services (assessments and interventions) for patients with cancer. Common presentations include exacerbation of pre-existing psychological concerns, mood and anxiety disorders, interpersonal difficulties, cancer-related fatigue, insomnia and pain. Treatment as part of this program is generally short-term.
Pain Medicine Unit (General Campus)	Interns provide services including outpatient psychological assessments, and individual and group interventions include CBT for insomnia, Transdiagnostic CBT, and ACT for (female) Pelvic Pain .There are also opportunities for brief inpatient assessments and interventions. Common presentations include mood and anxiety disorders, substance abuse and dependence, and issues related to adjustment to disability and treatment complications. Both inpatient and outpatient experiences are possible.
Weight Management Clinic – Bariatric Surgery (Civic Campus)	Interns at the weight management clinic provide comprehensive psychological assessment to determine surgical candidacy for pre-operative patients. Group-based treatment is also available for patients in a post surgical group.

Rehabilitation Psychology Rotations

Interns complete training in one speciality area program. **To ensure breadth of training, interns will also participate in The General Outpatient Program, which includes groups and individual therapy at The Ottawa Hospital Rehabilitation Centre (TOHRC).** Specific cases are assigned based on training needs and the career goals of the interns.

TOHRC is connected to the General Campus by a walkway and offers services to a wide range of adults with chronic illness or physical disability requiring rehabilitation. Inpatient and outpatient services are provided to individuals and families across three clinical Care Streams: Acquired Brain Injury Service; Neuromuscular Care; and Locomotor Care.

Acquired Brain Injury (ABI) Service	Interns in the ABI service provide the assessments and short-term interventions to individuals with brain injuries in order to facilitate adjustment to reduced physical and cognitive tolerances, as well as associated losses in
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	functioning. Patients in the service have injuries that are either traumatic or non-traumatic.
Neuromuscular Care	Interns on the Neuromuscular Care service provide the assessments and short-term interventions to individuals with spinal cord injuries, multiple sclerosis, and other complex neurological conditions. Interns in this service provide assessments and interventions for inpatients and outpatients, and also attend team consultations and family conferences. Treatment issues include mood and anxiety disorders, coping and adjusting to disability, and pre-morbid psychological issues.
Locomotor Care	<p>There are three subservices in the Locomotor Care stream:</p> <ol style="list-style-type: none"> 1) <i>Respiratory Service:</i> A service for individuals disabled by chronic chest diseases. Services include management of mood and anxiety disorders, assessment of cognitive functioning, and facilitation of adjustment to major life transitions. Services are provided on an individual and group basis. 2) <i>Chronic Pain Management Program:</i> An outpatient service for individuals living with chronic non-malignant pain. Services include psychological assessment, psychoeducation and psychotherapy groups, as well as team consultations. 3) <i>Musculoskeletal Service:</i> A service for individuals living with complex musculoskeletal conditions, including traumatic injuries. Services include management of mood and anxiety disorders, assessment of cognitive functioning, and facilitation of adjustment to major life transitions.
Outpatient Services	The General outpatient services program provides assessments, as well as short term individual and group therapy treatment to a range of patients coping with chronic illness or disabilities

Core Experiences - Neuropsychology Stream

The neuropsychology stream typically consists of two 6 month rotation experiences (Acute Care and Rehabilitation). Interns will also select an experience from mental health, health, or rehabilitation psychology, which will amount to 1 day per week over one of the 6 month rotation. Although all neuropsychology interns will gain experience in working with older adults through their rotations, interns could customize their training further by adding a focus on working with older adults, which would include didactic experiences to support their clinical experiences.

Neuropsychology Stream	Example 1	Example 2
	Rotation 1: Civic Corporate Neuropsychology Service and Older Adults	Rotation 1: Outpatient Neuropsychology, The Rehabilitation Centre and Inpatient Brain Train Group .
	Rotation 2: Acquired Brain Injury Program and exposure to First Episode Psychosis (Neuropsychology)	Rotation 2: General Corporate Neuropsychology and Inpatient Distress Tolerance Group (Mental Health)

The intern in the neuropsychology stream will receive the following core clinical training areas:

ASSESSMENT	<p>The intern is provided with training in conducting functional and diagnostic neuropsychological assessments through clinical interviewing, psychometric testing, case conceptualization and formulation, and report writing. These core skills are applicable to assessment, diagnosis, and treatment irrespective of the work setting the intern chooses for their initial years of practice (i.e. hospital, private practice).</p>
	<p>Given the varied nature of the neuropsychological syndromes that are commonly seen in the acute stages of an illness, the inpatient units provide interns with the opportunity to gain experience in dealing with confusion or delirium.</p>
	<p>Reasons for referral may involve diagnostic clarification / differential diagnosis, suitability for rehabilitation, ability to live independently, treatment planning / clarification, assistance with predicting community based functioning (e.g. discharge planning)., As well, the intern may have the opportunity to screen and assess clients for their suitability for admission into specific programs (e.g., concussion vs. other primary diagnoses), or for admission into specific groups.</p>
	<p>A flexible battery approach to assessment is adopted by all training faculty.</p>
	<p>The intern is provided with exposure to the assessment of decision-making capacity within the health care setting, as defined by Health Care Consent Act.</p>
	<p>The intern will have the opportunity to have exposures in the areas of health and clinical psychology, in order to conduct psychodiagnostic assessments and / or assess emotional functioning in the context of the rehabilitation setting. The exposure will include training in clinical interviewing, psychometric testing (including differential diagnosis using DSM-5), case conceptualization and formulation, treatment planning, and report writing.</p>
	<p>Training, exposure, and practice of core diagnostic skills ensures that interns leave the internship with the requisite skills that can be applied in a variety of health care settings and contexts.</p>

INTERVENTION	In the Acute Care rotation, intervention primarily takes the form of feedback to patients and family regarding the results of the neuropsychological evaluation as well as providing recommendations and education on the illness / neurological disorder. Information on community resources to address any concerns raised during the course of the assessment is also provided to patients and families.
	In the Rehabilitation rotation, the intern has the opportunity to provide short-term interventions. Treatment opportunities can range from designing and coordinating behaviour management strategies, to designing and implementing cognitive neurorehabilitation procedures, to providing therapy to brain injured patients (individual or group interventions). Treatment may involve the patient, group, or family. In general, the treatment focus across most rotations is to help patients to maximize their strengths and resources through compensatory strategies.
	In the Community exposure, (Robin Easey or On Track) the intern can observe how neuropsychological assessment results are applied to address functional issues and to assist patients, their families and the team in planning for and adjusting to living with cognitive dysfunction. Interns can also have the opportunity to observe groups in cognitive rehabilitation or adjustment to disability in these exposures.

INTER-PROFESSIONAL MODEL OF CARE	In all rotations, the intern will have the opportunity to participate in family conferences along with other members of the treating team and to gain experience in consulting with interprofessional team members (e.g., physicians, nursing staff, social workers, occupational therapists, physiotherapists, community support services, etc.)
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List of Rotation Experiences – Neuropsychology Stream

The training model provides breadth of training, as patients will be seen through the continuum of Acute Care through Rehabilitation. The intern selects experiences from Section A (within Acute and Rehabilitation), and can opt for additional experiences in section B. The Director of Training will work with the Intern to create a cohesive training experience that best meets the goals and needs of the interns and which is contained within the work week.

A	Core Experiences
ACUTE CARE	<p>All inpatient units of the General and Civic Campuses may refer to Neuropsychology for assessment and consultation services. Specific departments, programs, and / or specialized clinics typically served include (but not limited to): Neurosciences, Trauma, Cardiology, Psychiatry, Geriatric Psychiatry, Geriatric Assessment Unit, Internal Medicine, Family Medicine, Oncology, and Transitional Care Unit. The intern conducts inpatient assessments, provide consultation to the treating team, and offer education / recommendations to patients and family.</p> <p>Opportunities to participate in assessments for the Deep Brain Stimulation Program and Epilepsy Monitoring Unit are possible during this rotation.</p>
REHABILITATION	<p>The Ottawa Hospital Rehabilitation Centre (TOHRC) is located at the General Campus and offers services to a wide range of adults with chronic illness or physical disability requiring rehabilitation. Inpatient and outpatient services are provided to individuals and families across three clinical streams oriented towards functional needs:</p> <p>1) Acquired Brain Injury Service, 2) Neuromuscular Care, and 3) Locomotor Care. The intern's experience is across these streams and will include intervention and assessments to inpatients and outpatients while working with an interprofessional team. Interns also have the opportunity to participate in groups in cognitive rehabilitation or adjustment to disability in this rotation</p>

B	Focused concentration
Neuropsychology in Mental Health	EPI is a recovery-focused, community-based, family-centered program located in a professional medical building off site (Billings Bridge). Interns gain diverse experiences in assessment of complex and serious mental illness, often with co-morbid or developmental issues, and are involved in many aspects of patient care, including comprehensive psychodiagnsotic assessment, and individual & group therapy.
Older Adults	<p>Interns can choose to focus part of their neuropsychology training on working with older adults (2 days per week). The major component of this rotation is in the Geriatric Day Hospital (Geriatric Medicine Ambulatory Services and Day Hospital, Civic Campus). This outpatient assessment experience involves cognitive screening assessments, primarily aimed at diagnostic clarification. The intern will conduct comprehensive individual assessments, write integrative reports, and provide feedback to clients and support persons as needed. The intern may be involved in team meetings, which include geriatricians, nursing, social work, occupational therapists, and physiotherapists. To provide breadth, the intern will also have the opportunity to provide assessments to older adults within the other neuropsychology services at TOH (DBS, Acute Care, Rehabilitation Centre). Knowledge will be supported with readings and didactics through in house geriatric and regional geriatric rounds as well as attending the teaching sessions provided to residents from the faculty of medicine who are completing a geriatric elective. Interns will learn case conceptualization skills specific to older adults, including the effects and influence of health issues, medications, and age-related changes in functioning. Interns could elect to add to their competency training in older adults by continuing the experience for the year. They could also elect to do their supervision of supervision experience within the Geriatric Day Hospital.</p>

Training Program Complementary Experiences

All TOH interns complete the following experiences, regardless of their stream, track or rotations. Interns select their research and professional practice experiences during the first two weeks of internship.	
Supervision of Supervision	<p>Interns have two supervision experience options.</p> <ol style="list-style-type: none"> 1. They can take the lead in supervising a practicum student for several months (experience). 2. Interns can complete an exposure in supervision in which they participate in some aspects of the supervision of a practicum student, but do not take on the responsibility of providing the main supervisory role for the student.
Research	<p>Interns will participate and be supervised in clinical research, program evaluation, or quality improvement initiatives (separate from their dissertation). At the start of the year, interns will be presented with available or ongoing research / program evaluation/quality projects so they can choose their project for the training year. Interns have up to one half-day per week for this project, and are required to have a product by the end of the year (e.g., presentation peer review or to the program, publication, group manual with outcome monitoring).</p>
Professional Practice Experience	<p>As part of their professional development training, interns participate in the Psychology Professional Practice, the newly developed Psychology Diversity and Inclusivity discussion groups. Interns also select a professional practice experience such as membership on a Psychology Departmental Committee (Training, Executive, Communications) or Professional Practice Experience project. This opportunity provides a collegial atmosphere in which to learn about emerging issues in psychology and health care, and participate in activities such as educational initiatives, policy development, quality assurance, and / or advocacy. Past projects have included restructuring the internship brochure, creating a document of online resources for mental health for the TOH physician portal, aiding in the development of corporate wellness initiatives, and working with psychology profession leaders to coordinate community events.</p>

Seminar Series	Specialized seminar training series are offered as part of the program. They are offered within the context of: a) in-house sessions, and b) city-wide seminars (where interns join up with interns from other internship programs in Ottawa). The in-house seminars and the city-wide seminars are each held on a monthly basis and include topics such as screening and intervention for individuals with cognitive impairments, professional issues (e.g., ethics, registration with the College, advocacy), special topics in treatment (e.g. research informed treatment, psychotropic medication), and individual and cultural differences (e.g. disabilities, sexual minorities).
Presentations	Interns will give one presentation, education session, or teaching session to patients or other professionals during the year, in line with their clinical interests / rotation goals.

Example of a weekly schedule (Rehabilitation Psychology Rotation)

Monday	8:30-10:00 – Professional Practice Meeting (1 per month) 10:00-11:00 – Chronic Pain Management Program Group Therapy 11:00-12:00 – Chronic Pain Management Program Relaxation / Mindfulness Group 1:00-2:00 – Supervision with chronic pain supervisor 2:00-3:00 – Assessment with inpatient at Rehab Centre
Tuesday	9:30-10:30 – Interdisciplinary meeting for Chronic Pain Management Program 11:00-12:00 - Chronic Pain Management Program Relaxation / Mindfulness Group 3:00-4:00 – Supervision with inpatient supervisor
Wednesday	8:30-11:00 – Research Project 11:00-12:00 - Chronic Pain Management Program Relaxation / Mindfulness Group 12:30-1:00 – Supervision with chronic pain supervisor 1:00-2:00 – Provision of Supervision to PhD student 3:00-4:00 – Supervision with Research Supervisor
Thursday	8:30-10:00 – Interdisciplinary Inpatient Management Meeting for Rehab Inpatients 10:00-11:00 - Chronic Pain Management Program Group Therapy 11:00-12:00 – Individual Patient Feedback for Chronic Pain Management Program 1:00-2:00 – Supervision with supervision of supervision supervisor 2:00-3:00 – Interdisciplinary Meeting for Chronic Pain Management Program 3:00-4:00 – Provision of Supervision to PhD student
Friday	9:00-10:00 – Group-based Supervision of Supervision 10:00-11:00 - Individual therapy with inpatient at Rehab Centre 1:00-4:30 – City-wide Seminar (1 per month)

Prerequisites for Clinical and Neuropsychology Streams

We subscribe to APPIC principles and CPA accreditation standards regarding preparation for internship. The following are required for consideration regarding any of the clinical tracks (i.e., APPIC Numbers #181713, #181714, #181715, or #181716)

- Applicants are required to have their dissertation proposal approved by their Director of Training and to have completed all their course work prior to applying for internship.
- A minimum of 600 practicum hours, with 300 hours of direct client contact and 150 hours of supervision. Applicants are not rated on the basis of “raw number of practicum hours” reported on APPIC application forms; quality and depth of practicum training are more relevant than total number of hours.
- A minimum of five (5) adult written assessment reports.
- Applicants must have provided therapy to a minimum of five (5) adult patients / clients.

Note: Applicants who are more likely to be ready to submit (or defend) their thesis prior to commencing their internship will, all other things being equal, be ranked more highly.

The Ottawa Hospital – History & Information



Formed in 1998 from the merger of several Ottawa hospitals, TOH is one of the largest and busiest academic health sciences centres in Canada.

It houses 1,190 inpatient beds and averages about 46,000 admissions per year and over 1 million ambulatory care visits. The TOH team includes more than 12,000 staff, 1,100 physicians, approximately 200 fellows, 1,000 residents, 3,000 students, and 1,500 volunteers.

There are three campuses and a shuttle bus is available for intercampus travel and also between the General Campus and the University of Ottawa.

The Ottawa Hospital Rehabilitation Centre (TOHRC) is a TOH Programme with a regional mandate for Rehabilitation Services and is located in a separate building that is connected by a walkway to the main General Campus building.



The Heart Institute is Canada's largest cardiovascular Health Centre and is located in a separate building connected to TOH's Civic Campus through a tunnel.

The University of Ottawa Medical School and the Children's Hospital of Eastern Ontario, are linked to TOH's General Campus through walkways.

City of Ottawa

Ottawa is the nation's capital and home to Canada's federal government. Metropolitan Ottawa has a population of approximately 1,000,000 and is located on the border of Quebec. The Ottawa River borders Ottawa, while the Rideau River and the Rideau Canal flow through the city. The Gatineau Hills are located at about 20 minutes from downtown Ottawa, along with the Gatineau Park, lakes

and ski resorts in Quebec. Ottawa is famous for the number of parks within the city, outdoor activities, festivals and concerts such as Winterlude, Canada Day, The Blues Festival, and the Jazz Festival. The city is home to three universities (Carleton University, St-Paul's University, and University of Ottawa), a number of museums (e.g., Science and Technology, Canadian Museum of History, Canadian Aviation and Space Museum, and Canadian War Museum), as well as the National Gallery of Canada, the National Arts Centre, and the National Library.

Application and Selection Process

The Department of Psychology at TOH welcomes applications from individuals representing a wide spectrum of diversity, be it ethnic or cultural background, sexual orientation, and / or physical disability. As TOH services are provided in both English and French, facility in both languages is an asset but is not required. All TOH charting and report writing is in English. In the selection process, priority is given to Canadian citizens, permanent residents, or international students with valid Canadian Co-op Work Permits.

In accordance with federal privacy legislation (*Personal Information Protection and Electronics Documents Act* "<http://laws.justice.gc.ca/en/P-8.6/>" <http://laws.justice.gc.ca/en/P-8.6/>, we are committed to collecting only the information required to process your application. This information is secured within Psychology at TOH and is shared only with those individuals involved in the internship application process. Information collected by The Ottawa Hospital for applicants who are not matched with the TOH program is destroyed within 3 weeks of Match Day. Files of applicants matched to our program will be available only to those involved in the applicant's supervision and training including the Director of Training, supervisors, relevant administrative support staff, the Psychology Profession Leader, and relevant staff of the Human Resources Department at TOH.

Applicant Selection Process

Applicants to the programs are ranked according to several criteria including, and in no particular order:

The match between the applicant's interests in clinical training and our internship program.

The breadth and depth of an applicant's psychodiagnostic assessment training. A minimum of five (5) adult written assessment reports.

The breadth and depth of the applicant's psychotherapy and / or intervention experience. A minimum of intervention to at least 5 adult patients is expected.

The breadth and depth of the applicant's practicum experiences in hospital-based settings and experiences working with interprofessional teams

Strength of reference letters from clinical supervisors (APPIC format).

Impressions of the applicant's suitability and match with our internship program based on the interview

The applicant's clinical research experience and / or interests, as well as their progress towards completion of their doctoral dissertation

Application Procedure

The Program is a member of the Canadian Council of Professional Psychology Programs (CCPPP) and the Association of Psychology Postdoctoral and Internship Centres (APPIC), and adheres to APPIC policy regarding internship offers and acceptances. This internship site agrees to abide by the APPIC policy that no person at this training facility solicit, accept or use any ranking-related information from any intern applicant.

This internship program is participating in the APPIC Internship Matching Program. All applicants must register with the National Matching Services <http://www.natmatch.com/psychint> and / or www.appic.org to be considered for this internship.

Interested applicants should complete the following through the Applicant Portal of the AAPI online:

1. Completed APPIC Application.
2. Verification and electronic signature completed by the University Director of Training attesting to the applicant's readiness for an internship.
3. Three letters of reference – we do not require a letter of reference from your dissertation supervisor. Choose whomever can best speak to your abilities, goals, and training needs. The letter of reference format can be obtained on the APPIC website <http://www.appic.org/AAPI-APPA#REF>
4. Graduate transcripts.
5. Curriculum Vitae.

We are always amazed by the calibre of the applicants who apply to our site. We conduct between 25 and 35 interviews per year. Applicants who are offered interviews and who have gone on to match at our site in the past 7 years have:

- Come from CPA or APA Accredited Ph.D. or Psy.D. Clinical Programs
- Their clinical experience has ranged from having:
 - Written between 5 to 59 assessment reports
 - Provided treatment to between 5 to 87 patients (clients)
 - Have between 600 to 2207 hours practicum hours

CPA Public Disclosure Table

Below is our CPA Public Disclosure Table for the last 7 academic years.

CPA ACCREDITATION - INTERNSHIP PROGRAMMES

Table Type PUBLIC DISCLOSURE TABLE 1: INCOMING INTERNS OVER PAST 7 YEARS

Programme The Ottawa Hospital Clinical Psychology

	Remove 1st Column (Oldest year)		Add Column to End (Newest year; Max 8 columns)				Before submit: SAVE AS new filename, then click to DELETE all buttons	
Academic Year/Cohort	2013-14	2014-15	2015-16	2016-17	2017-18	2018-2019	2019-2020	
Positions	5	6	6	4	4	4	4	
Applications	76	88	79	71	68	61	77	
Interviewed/Short-Listed	29	30	32	32	29	29	27	
Ranked	23	26	28	27	21	20	21	
Matched	5	6	6	4	4	4	4	
Matched as % Applications (Automatically Calculated)	7%	7%	8%	6%	6%	7%	5%	
Of those who Matched:								
Males	2	4	2	2	1	0	0	
Self-Identify as Diverse (ie, minority, disability, LGBTQ)	1	0	2	0	0	1	0	
From Outside of Province	4	3	1	2	1	0	3	
From Outside of Canada	0	0	1	2	0	0	0	
Mean Practicum Hours on AAPI -->Assessment & Intervention	523	574	693	703	676	548	531	
-->Supervision	404	371	323	318	348	278	351	
-->Support/Indirect	947	869	1,016	726	969	954	1,068	
Mean Total Hours (Automatic)	1,874	1,814	2,032	1,747	1,993	1,780	1,950	
Internship Stipend	\$30,000	\$30,000	\$30,000	\$30,000	\$30,000	\$30,000	\$30,000	

Interview Dates and Arrangements

Interview dates will be December 12, 13, and 16, 2019 & January 9, 10, 15, & 16, 2020. Please rank order the interview dates and include this information in your cover letter.

We are pleased to offer interviews in any of the following methods: on site, by phone, or with Skype / Facetime. The interview process lasts approximately 3 hours and includes:

- Meeting with the Director of Training
- Interview with 2 Faculty Members
- Meeting with current intern and tour of facility (video of site is available for those who choose to be interviewed by phone or Skype / Facetime)

Completed applications must be received no later than November 5, 2019. All interview notifications are made on December 6, 2019, by 5:00 pm PST, by email. To optimize the ability of applicants to review their offers and consider their schedules, we will be adhering to the

CCPPP national response day. Arrangements for either on-site, telephone, or Skype interviews will commence on December 9, 2019 at 11:00 a.m. EST.

Cover Letter Checklist

We welcome applications to multiple Tracks, include your interests to the tracks to which you are applying within your cover letter.

Attempts will be made to ensure that the interviewer for the applicant will be appropriate to the applicant's stated interests. Please include the following information in your cover letter:

<input type="checkbox"/>	Track(s) for which you wish to apply. (You may apply to more than one.)
<input type="checkbox"/>	Rotation options and experiences in which you are interested (within each track to which you are applying)
<input type="checkbox"/>	Rank order the interview dates and include this information in your cover letter.

Questions?

If you have questions regarding our program, do not hesitate to communicate with:

Dr. Kerri Ritchie, Director of Training

kritchie@toh.on.ca

Department of Psychology

The Ottawa Hospital

501 Smyth Road, Room 7300

Ottawa, ON Canada K1H 8L6

Phone: 613-737-8943 Fax: 613-737-8895

Web site:

<https://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/OurModelofCare/ProfessionalTeam/Psychology/TrainingProgram>