

GUIDE

Outpatient Induction Post Insertion Information Guide

**Department of Obstetrics,
Gynecology and Newborn Care
Obstetrical Assessment Unit
(OAU / Triage)**



**The Ottawa | L'Hôpital
Hospital | d'Ottawa**

Disclaimer

This is general information developed by The Ottawa Hospital. It is not intended to replace the advice of a qualified health-care provider. Please consult your health-care provider who will be able to determine the appropriateness of the information for your specific situation.

P1330 (07/2018)

Printed at The Ottawa Hospital

❑ You have received a Foley catheter for your induction:

We will make sure you and your baby are well and then you may go home. You may move around, eat and do your usual activities including taking a shower or bath. Tug gently on the catheter every time you go to the bathroom.

Call Triage within 12 hours to let the nurse know how you are. She will answer any questions you may have. If you want to sleep before the call-in time, phone the nurse before you go to sleep. You may also call Triage at any other time.

You will return to Triage in 24 hours or when the catheter falls out, whichever comes first. If the catheter falls out in the middle of the night, return to Triage in the morning unless you have any concerns.

Call Triage by 12 hours at: _____: _____ h

Return to Triage – Date: _____ at _____: _____ h



Foley catheter

❑ You have received Cervidil or Prostin Gel:

We will make sure you and your baby are well and then you may leave. You may move around, eat and do your usual activities including taking a shower or bath.

Call Triage within 6 hours and again by 12 hours to let the nurse know how you are. She will answer any questions you may have. If you want to sleep before the call-in time, phone the nurse before you go to sleep. You may also call Triage at any other time.

First Dose: After your first dose of Cervidil / Prostin Gel

Call Triage by 6 hours at ____: ____ h
and by 12 hours at ____: ____ h

If you do not go into labour, return to Triage, 24 hours after your first dose:

Return to Triage – Date: _____ at ____: ____ h

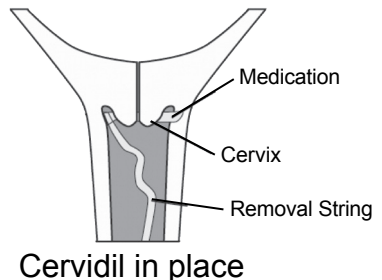
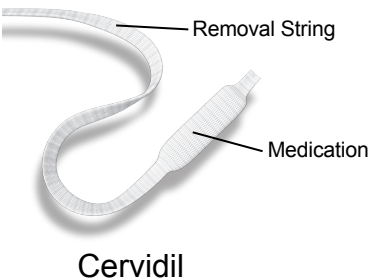
When you return to Triage your cervix will be checked again. If there is no change, your care provider may insert another Cervidil or Prostin Gel. If this is necessary, the above steps will be repeated. Your care provider may suggest using a Foley catheter instead (see Options pg 3).

Second Dose: After your second dose of Cervidil / Prostin Gel

Call Triage by 6 hours at ____: ____ h
and by 12 hours at ____: ____ h

If you do not go into labour, return to Triage, 24 hours after your second dose.

Return to Triage – Date: _____ at ____: ____ h



NEXT STEPS :

When you return to Triage your cervix will be checked again. If it has not changed, your care provider will discuss some options with you. These options include:

- Repeating your method of induction or changing to another method. These include Foley catheter, Cervidil or Prostin Gel.
- Going home to wait for a call to come for admission to the Birthing Unit (BU) for induction of labour using different medications (oxytocin or misoprostol).
- Admission directly into the BU for immediate induction of labour using different medications (oxytocin or misoprostol) and/or rupturing your membranes (bag of water around the baby).
- Admission to the Antepartum Unit on A4 or 8E to wait for induction.

CAUTIONS:

- **Do NOT** take Aspirin, Motrin, Ibuprofen, or Advil
- If you have cervidil in place and go to the bathroom or have a shower, carefully pat (no wiping) the area so you do not remove it. If the Cervidil comes out, do NOT put it back in. Call the Triage nurse.

CALL Triage when/if:

- Your contractions are every 5 minutes or less
- You experience severe abdominal pain
- Your water breaks
- You have bright red bleeding that is more than “pink mucous show”
- You are feeling pelvic or vaginal pressure
- You think the Cervidil or Foley catheter has moved or fallen out
- Your baby is not moving as much
- You have questions, concerns or are unsure what to do

Cervidil: If your contractions are too close together the Triage nurse may ask you to remove the Cervidil. It has a string (like a tampon). It can be easily removed by putting your finger at or into your vagina to feel for the string. Hold the string and pull it out like a tampon.

**There is always a nurse in the Triage Unit.
If you have any questions or concerns, please call.**

Civic: 613-761-5112

General: 613-737-8012

Comments or questions for Birthing Unit staff:
