



PRE-ADMISSION UNIT TELEMEDICINE QUICK REFERENCE PROTOCOL

PURPOSE

Telemedicine will be offered in the Pre-Admission Unit as an option for patients living at a distance from the Ottawa Hospital. Nursing and Anesthesia Assessments are available via Telemedicine at the surgeon's discretion and/or PAU RN Triage.

CLINIC SCHEDULE

- Appointments will be scheduled Monday through Friday at 1145-1300.

Patient Scheduling Process

- Patient Site Nurse must contact the patient to inform of directions to site and confirms the event in NCompass

DAY OF CONSULTATION

For RN and Anesthesia appointments: the patient will be seen by Pharmacy Technician, RN and Anesthesiologist

For RN only appointments: Patient will be seen by the Pharmacy Technician and the PAU Nurse

TOH PAU Clerk:

- Will fax to Patient Site Nurse the PAU Assessment Worksheet.

Patient Site Nurse :

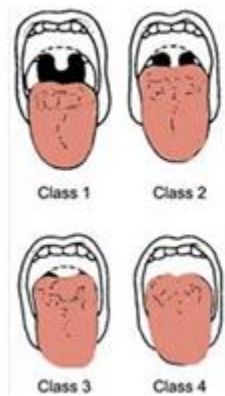
- Fax Pre-Admission Unit Assessment Form 15 min prior to consultation.
General Hospital PAU Fax: 613-737-8825
Civic Hospital PAU Fax: 613-761-5350
- Ask patient if they brought the documents received in an envelope by mail.
- If patient does not have the Patient Education Booklets, for Day surgery, Overnight Surgery or Inpatient Surgery, they can be printed from the following link:
<http://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/ClinicalServices/mySurgery/PlanningForMySurgery>

- Surgery Specific Booklets (Clinical Pathway Booklet) can be printed from the following website:
<http://www.ottawahospital.on.ca/wps/portal/Base/TheHospital/OurModelofCare/ClinicalPathways/Patients>

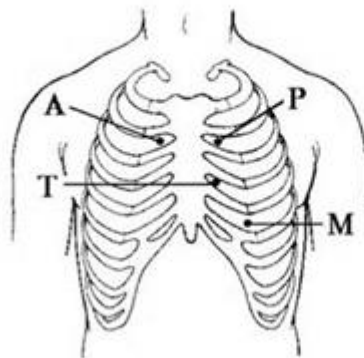
**At the end of the appointment, the PAU nurse will confirm which Clinical Pathway should be printed for the Patient in the event that they have not previously received it by mail.

- Prepare Telemedicine studio and patient as follows :
 1. Have patient change in a hospital gown for chest and heart sounds assessments.
 2. Establish the Littman ®Tele-Steth™ connection prior to appointment time.
 3. Prepare the AMD-2500 camera for examination, obtain a picture up close of the patient's mouth opening to visualize the back of the throat and freeze the image to be reviewed by doctor. Ask patient to stick tongue out and say "AHH".

Oral Airway Assessment



Heart Sounds Assessment



Chest Sounds Assessment



4. The doctor will request to listen to **heart sounds**. The nurse should be able to landmark
Aortic: Right sternal border, 2nd intercostal space,
Pulmonic: Left sternal border, 2nd intercostal space
Tricuspid: Left sternal border, 4th intercostal space
Mitral: Left side mid-clavicular, 5th intercostal space
5. **Chest sounds** auscultation: Ask Patient to breathe in/out through open mouth. One breath per landmark site

- The Patient Site Nurse is required to be present for the entire duration of the appointment.

If patient is late/ no show or any other issues-please call TOH Clinical Scheduler at 613-737-8899 ext 16605