

The Team

Dr. Kristine Whitehead



I have been attending births at the Ottawa Hospital, Civic Campus, since 1996. Family-oriented maternity care is the most enjoyable and rewarding part of my practice as a family physician. Having my own children has helped me appreciate the value of ongoing care for all members of the family.

Dr. Vanessa Murley



I have been providing personalized maternity and newborn care to women and their families since 2003, first in Vancouver and now in Ottawa. I feel it is truly a privilege to provide care during such a significant time in their lives.

Dr. Monica Brewer



I joined the FHT after having worked in a busy family practice with maternity care in New Brunswick from 1986-2008. I really enjoy my experience with pregnant patients because it is such a happy side of medical practice. I strive to treat maternity care as a normal part of a woman's life, and not an illness.

Dr. Peter Kuling



I have been providing obstetrical care for over 30 years. I was in full time practice in Saskatchewan before relocating to Ottawa. Maternity and newborn care has always been and continues to be an extremely satisfying part of my career in family medicine.

Dr. Gary Viner



I am a family physician with an interest in women's health and maternity care since entering practice in 1980. I have been affiliated with The Ottawa Hospital (and previously the Ottawa Civic Hospital) since 1981. I believe that maternity care is one of the most rewarding aspects of my role and career.

Philosophy

As primary care doctors practicing low risk obstetrics we believe that pregnancy is a natural part of life and not a disease or illness. It is our privilege to build a trusting relationship: share information: and identify problems. If there are problems, we will explain the situation and involve you in the decision making. We will consult with and involve specialist obstetricians if necessary. We support personal preferences regarding pain management and birthing positions, keeping safety and the unpredictable nature of the birthing process in mind. We are committed to teaching low risk obstetrics to family medicine residents. After birth, if you live in Ontario and you do not have a family physician, we will continue to provide care for you and your infant.



FM-OBS Team

The Civic and Riverside Family Health Teams are training sites for family doctors, affiliated with the University of Ottawa and The Ottawa Hospital. The two sites form one of Ontario's new Family Health Teams and have a growing complement of allied health providers, including nurse practitioners, a dietitian, a pharmacist and a social worker. Along with your family physician, you will be paired with a family medicine resident for your maternity care.

Our Family Medicine Obstetrical group of FM-OBS staff physicians consists of Drs. Monica Brewer, Peter Kuling, Kristine Whitehead, Vanessa Murley, and Gary Viner who have combined experience of 100+ years. They will share responsibility for supervising your care with their community-based physician associates for the pregnancy and delivery. We want you to meet and be familiar with all of them. We host a "Meet the Doctors" session three times per year where you have the opportunity to meet the members of our group. We hope you will join us!

Civic Family Health Team

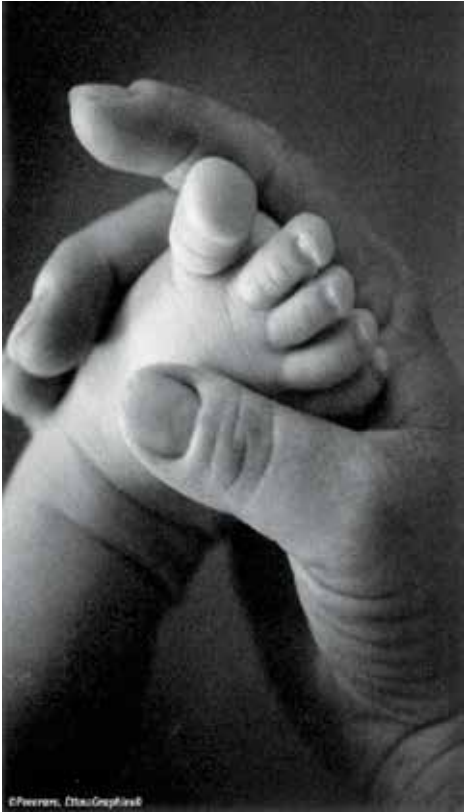
210 Melrose Avenue  
Ottawa, ON K1Y 4K7  
Telephone: 613-761-4334  
Fax : 613-761-4200

Riverside Family Health Team

1967 Riverside Drive  
Ottawa, ON K1H 7W9  
Telephone : 613-738-8219  
Fax : 613-738-8217



The Ottawa Hospital  
Academic Family Health Team  
and  
Maternity Care



**Our commitment:**  
*The Family Medicine Obstetrical team is committed to offering complete maternity care for all our expectant mothers.*