

LASER EYE SURGERY CLINIC

In January 1993, the University of Ottawa Eye Institute became the first university teaching facility in Canada to obtain an Excimer Laser for laser eye surgery to evaluate its use for the treatment of nearsighted, farsighted, astigmatism and bifocal prescriptions. The Excimer Laser program at the Eye Institute has become recognized internationally for its expertise in clinical and basic research. The Eye Institute offers the most advanced laser eye surgery techniques along with the new Wavefront technology to evaluate patients and to plan their laser treatment using custom designed software.

Laser Eye Surgery Schedule at the University of Ottawa Eye Institute

1. Start with a Wednesday afternoon **information session**. There are 2 sessions available, one at 12:30 p.m. and the other at 2 p.m. and are approximately 1.5 hours. If you wear contact lenses, please bring a case with solution and your glasses. Several screening tests will be performed along with a discussion of the various surgical techniques.
2. Next appointment is a Tuesday afternoon **pre-operative examination**. This will last approximately 2-3 hours. All necessary pre-operative tests will be performed along with dilation of the pupils and measurement of eye pressure. If you have difficulty driving when dilated, please arrange for a drive home.
Very important that for this visit you have stopped wearing your soft contact lenses for 2 weeks and hard lenses for 4 weeks prior to this examination. And they must remain out until the day of surgery.

3. **Surgery day**. This will be booked on either a Monday or Tuesday. You will be scheduled to arrive 45 minutes ahead of time to allow you to make your payment with the hospital's finance office and any further pre-operative tests.
4. **Post-operative examinations**. Depending on the surgical technique, you will be returning to the Eye Institute every day for several days as the eye(s) heal. Healing usually takes approximately one week.
5. **Follow-up visits** are 1 week, 1 month, 2 months, 3 months, 6 months and 12 months post-operatively.

If you wish to book an information session or have any questions, please contact Gail Kayuk at 613-737-8657 or Nancy Whyte at 613-737-8899 ext. 71548. Thank you.