

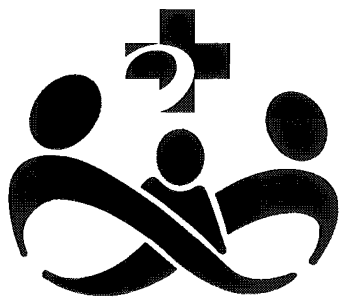


## VISITING

*The  
Neonatal Intensive  
Care Unit*

*And*

*The Rich Little  
Special Care  
Nursery*



Congratulations on the birth of your baby. Leaving the hospital without your baby is very difficult to do. However, your baby still needs your love and attention and we encourage you to visit as much as possible. Getting to know your baby and spending time with him / her is very important to help you get through this time. Visiting the nursery helps you and your baby to get to know each other.

We value family centered care and recognize that you and your family need support during this time. Parents of the baby are welcome any time. If you wish, other family members and/or friends may visit your baby but only 2 per day between the hours of 3:00 pm to 7:00 pm.

A parent must accompany these visitors. We only allow 2 people at the bedside at a time.

We invite brothers and/or sisters (sibling) of the baby, providing they are completely healthy, to visit the nursery during the hours of 3:00 pm. to 7:00 pm. The spreading of infectious diseases is a real concern for the babies in the nursery. To protect the babies, with each sibling visit, the clerk or nurse will present you with a sibling questionnaire to complete before entering the nursery.

If the brother and/or sister of the baby show any signs of the illnesses on the questionnaire, they will not be permitted to visit. Your baby's nurse will make this decision.

Please be aware that adults may also become ill with childhood diseases such as chicken pox, whooping cough and more common infections such as colds and the flu. Exposure of these illnesses to newborn or premature babies may cause very serious illness.

It is for this reason that we place restrictions on visiting. We also request that you refrain from visiting if you or any of your visitors have any contact with persons who have been unwell.

Please note that in the event of any community outbreaks, additional restrictions will be put in place.

If you have any questions or concerns, please do not hesitate to ask your nurse.

Thank you.